



NYS Apples

June 2025 K-5



Lunch Lew-Port lec-Pec



Monday	Tuesday	Wednesday	Thursday	Friday
2 Hamburger or cheeseburger	3 Nacho Grande w/meat, cheese, chips	4 Cheese Pizza	5 Grilled Cheese sandwich	6 Chicken fingers w/dipping sauce
Carrot Sticks 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Baked Beans 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Green Peas 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	NYS Potatoes 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Steamed Broccoli 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz
9 Mac & Cheese	10 8" Soft shell taco w/seasoned rice	11 Cheese Pizza	12 Grilled cheese sandwich	13 Flag Day!! Hamburger or Cheese-burger on WG bun
Sweet Potato 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Vegetarian Beans 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Green Peas 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Mixed Vegetables 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	1C Romaine lettuce= 1/2c Milk-8oz **Stars & Stripes** Sidekick Frozen Fruit Punch
16 Hamburger or cheese-burger	17 Nacho Grande w/meat, cheese, chips	18 Cheese Pizza	19 Happy Juneteenth!!	20 Chef's Choice
Chef's Choice 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Chef's Choice 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Chef's Choice 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz		Chef's Choice 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz
23 Chef's Choice	24 Chef's Choice	25	26	27
Chef's Choice 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Chef's Choice 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz			
30				

Approved by PTFS Dietitian: Perry Schmidt, MS, RD, CDN



If your student has a particular food allergy, please contact the food service office @ (716)286-7288

Student \$2.30
Adult \$5.99

NYS LOCAL FOODS
 *Upstate Farms
 Milk, Yogurt, Sour Cream
 Eden Valley Growers
 Assorted Varieties of Apples
 Eden Valley Growers
 Assorted Fruits & Vegetables
used in Meal Program
highlighted in green

For Information for Summer Meals Please Visit
www.Summer-mealsny.org Or Call 211 or 866-3-HUNGRY.

The Following Entrees Served Daily:

6" Subs and Wraps (2M2G)

Salads Made to Order (Includes Flatbread) 2M2G

Peanut Butter & Jelly Sandwich (2M2G)

Fruit & Yogurt Parfait w/Flatbread(2M2G)

Offered daily with all School Lunches:

Fresh or Prepared Fruit (Must take 1/2 cup of Fruit or Vegetable – may take up to 1 cup)

NYS State 8oz 1% or Skim White Milk
Fat Free Chocolate Milk